

MOHAMED AHMED

P.E Teacher & SCS



About Me

6 years of experience teaching physical education in international schools and 2 years in Egyptian-Japanese schools.

- 10 years of experience as a sports trainer in strength and conditioning, football coach
- Skilled in designing effective training programs, assessing athletes' fitness, and improving performance.
- Planning and delivering sports activities, monitoring progress, and organizing school sports events.

Contact

+201095979357

mohamed.ahmed71190@gmail.com

Egypt, Ismailia, Alhekr, Block 6, apartment 3

Skills

- Management Skills
- Adaptability
- Teamwork
- Critical Thinking
- Leadership
- Self-Motivation
- Problem Solving

Language

Arabic

English

100%

75%

Experience

Football Coach

Ghazl PortSaid club

5/2008 – 2/2009

- Coached football at Ghazl PortSaid club

Swimming Coach

Talented school in Ismaily club

4/2009 - 9/2009

- Served as swimming coach in talented school in Ismaily club

P.E Teacher

Future language schools

9/2018 - 9/2019

- P.E teacher in Future language schools in Dahab

P.E Teacher

International Arab Egyptian School

9/2019 - 6/2024

- P.E teacher in International Arab Egyptian School

Swimming Coach

ismaily club Fins Team

2023 - 2024

- Served as coach Ismaily Club Fins Team – Under 9 - Under 10 - Under 11

P.E Teacher

Egyptian Japanese Schools

9/2024 - till now

- P.E in Egyptian Japanese Schools

Freelance

strength and conditioning specialist

9/2020 - till now

- Working as a Strength and Conditioning Planner since 2020, designing and managing training loads for athletes

Education

PortSaid University

2008-2011

Bachelor's of Physical Education