



muaz mohieldin

football coach

CONTACT ME

Phone

01226916206

01008575180

e-mail

moazz.mohy@gmail.com

EXPERTISE

Football coach

Nutritionist

Physical load planner

Physical trainer

Personal trainer

LANGUAGE

English : normal

Arabic : native

deutsch : basic

WORK EXPERIENCE

Training in many places for juniors and youth, including:

Azzurri Academy 2023 – present
Bafana Academy. 2023 – 2025
Newcastle Academy. 2024 – present

working as a physical load planner for the 2010 team at Al-Qabari Club.

General coach of the 2013 football team at Apis 8 Club

General coach of the 2012 football team at Al-Qabari Club

EDUCATION

2022-2025

Football meta

Fundamental of football

Alexandria sports sciences

Bachelor Of sports education

2024 – 2025

TASS academy

Physical load planning course

TASS academy
approved by ACE

Strength and conditioning specialist

IUSCA

Level 1 certificate

IASST

Small sided games in soccer

**TASS
academy**

**Strength training for children and
adolescents workshop**

PFSA

introduction into football scouting

**Play
phase**

England football learning



Certificate of Completion

Muaz Mohieldin Mahmoud

PARTICIPANT NAME

Strength and Conditioning Specialist

CEP307220

COURSE TITLE

ACE-APPROVED COURSE NUMBER

7/3/25

Dr Mohamed Elmoghany

DATE OF COURSE

PRESENTER NAME

3.00

TASS

CECs AWARDED

PROVIDER NAME

S.N : X.F/1023



CERTIFICATE

This is to Certify That

Muaz Mohieldin Mahmoud

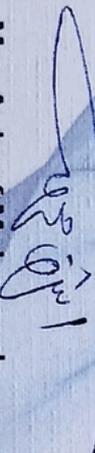
Has Attended and Passed Successfully
PBLs Academy Course in

Strength and Conditioning Coach

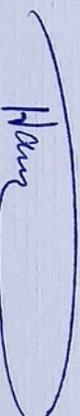
From 11 January till 1 March 2025

PBLs
Pure Balance for Life Science Academy




Mr. Ashraf Mahmoud

President of the Egyptian
Federation of Sport Culture


Dr. Hazem EL Rouby

General Manager Sports Science
PBLs Academy


Dr. Ayman Ramzy

Chief Executive Officer
PBLs Academy

SN. 1023

X.F



CERTIFICATE



This is to Certify That

Muaz Mohieldin Mahmoud

Has Attended and Passed Successfully

Strength and Conditioning

Coach

From 11 January till 1 March 2025

PBL5

Pure Balance for Life Science Academy

Dr. Hazem EL Roubly
General Manager Sports Science
PBL5 Academy

Dr. Aymthan Ramzy
Chief Executive Officer
PBL5 Academy



X.F



S.N: 1023

28 September 2025

IUSCA IQF Level 1 Certificate

Certificate of Achievement



This certificate is awarded to

Moazz Mohy

For completing the online program & assessments, resulting in a
Level 1 Certificate in Strength and Conditioning

This certificate is awarded in recognition of the successful completion of this course. The recipient has gained foundational knowledge and understanding in the field of strength and conditioning. Please note that this is a foundational level award and does not certify an individual to coach strength and conditioning exercises or programs to clients.

A handwritten signature in black ink, appearing to read 'A. Langford', positioned above the name of the Director.

Andrew Langford
Director



A handwritten signature in black ink, appearing to read 'A. Flannagan', positioned above the name of the Director.

Aden Flannagan
Director

STRENGTH & CONDITIONING SPECIALIST

TRAINING ACADEMY OF SPORTS SCIENCE (TASS) CERTIFIES THAT :

MUAZ MOHIELDIN MAHMOUD

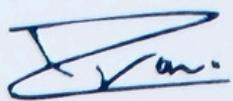
HAS SUCCESSFULLY PASSED THE ACCREDITED PROGRAM AS A :
STRENGTH & CONDITIONING SPECIALIST

25 JANUARY 2025

CONTENTS :

- PERIODIZATION
- STABILITY AND MOBILITY AND PREVENT INJURY
- PRACTICAL APPLICATION STABILITY AND MOBILITY AND PREVENT INJURY
- STRENGTH PERIODIZATION
- PRACTICAL APPLICATION RESISTANCE TRAINING
- STRENGTH TRAINING METHODS
- SPEED, AGILITY AND QUICKNESS (SAQ) PERIODIZATION
- CONDITIONING PRACTICAL APPLICATION
- AEROBIC & ANAEROBIC ENDURANCE PERIODIZATION
- INTEGRATION OF BIOMOTOR ABILITIES FOR ATHLETES OVER THE SEASON
- NUTRITION & SUPPLEMENTS PERIODIZATION
- APPLYING PERIODIZATION TO THE DEVELOPMENT OF BIOMOTOR ABILITIES OVER THE SEASON (TRAINING PRACTICAL MODELS)
- EVALUATING STUDENTS' PLANNING OF TRAINING PROGRAMS AND DIFFERENT TRAINING CYCLES.

ACCREDITED
HOURS :
80 H



Chairman of board of Directors

S.N : **X.F/1023**



SCAN TO VERIFY
STUDENT SERIAL



CERTIFICATE

Training Academy of Sports Science In London

TASS.UK Certify That

Mouaz mohieldin mahmoud

Has Successfully Completed :

STRENGTH TRAINING FOR CHILDREN AND ADOLESCENTS WORKSHOP

CONTENTS :

- Myths & Modern Science in Youth Strength Training.
- Benefits of Strength Training for Kids & Teens.
- Rules & Safety Guidelines.
- Types of Muscular Work.
- Basics of Program Design.
- Exercise Selection.
- Training Methods & Tools.
- Long-Term Program Development.
- Managing Training Load



5 Accredited Hours - (Egypt - November 2025)

Dr Ahmed ElGenedy

CEO OF TASS ACADEMY.

Dr Mohamed Gamal

PROFESSOR OF SPORT SCIENCES & ADMINISTRATION
INTERNATIONAL CERTIFIER



Certificate

u6917642

We certify that **Moazz Mohy**
has completed the following course on our learning platform:



Fundamentals of Football by Football Meta

02 hours 52 minutes - From 09/01/2025 to 09/15/2025



Student Signature
Moazz Mohy

Adrian Medeiros Dantas
Executive Director - Cursa



Point the camera to
verify authenticity

This certificate confirms that the student has attended the courses described in it through the Cursa application, which is available in the Google (Google Play) and Apple (App Store) application stores, confirming the authenticity of the respective viewing time of the video classes. If you have received this certificate and want to verify that it is authentic, scan the QR code with a cell phone camera or go to cursa.app/en/my-certificate and consult the code described in the lower right corner of this certificate. Responsible for the application: Medeiros Tecnologia LTDA. CNPJ 24.471.978/0001-08. E-mail: contato@cursa.app

SMALL-SIDED GAMES IN SOCCER

International Academy of Sports Science and Technology Hereby Certifies That

MUAZ MOHIELDIN MAHMOUD

Successfully Passed

Small-Sided Games Fitness & Conditioning in Soccer Course

How to Enhance the Training Process - Monitoring Training Load - Competition Requirements
Small Sided Games Training - Key Points for Applying SSG Training - Forms of SSG Training
Suggested Model and Proposed SSG Training Formats
Practical Model How to Apply SSG and Create Suitable Conditions
Demonstration Videos - Practical Applications on traditional and SSG methods
Training Directions and Components Linked to Energy Systems

November 2025
Certificate No.SG251532



<https://iasst.org/certi/find>



All scientific materials have been reviewed and approved
by: The Scientific Council of the International Academy
of Sports Science and Technology

Professor
Islam Mahmoud
Islam Mahmoud
IASST CEO – Founder
Chairman of the Scientific Council

Dr.
Sami Bassiouni
Sami
IASST Co-Founder
Sports Scientist & Technical Director

Membership & Affiliation

Football Science Lab
www.footballscience.org



CERTIFICATE OF ACHIEVEMENT

P F S A[®]



THIS CERTIFICATE IS PRESENTED TO

Mouaz mohieldin mahmoud

FOR THE SUCCESSFUL COMPLETION OF

Introduction Into Football Scouting

This is to certify that the bearer of this certificate has completed all modules of the above course.

ISSUE DATE
12/9/2025

A handwritten signature in black ink, appearing to read 'D. Hobson'.

HEAD OF EDUCATION
D. HOBSON

A handwritten signature in black ink, appearing to read 'K. Braybrook'.

LEAD TUTOR
K. BRAYBROOK



PLAY PHASE



Awarded by The FA on: 5 December 2025
Number (FAN): 67444156

We certify that

Moaaz Mohy

has successfully completed the Play Phase course

A blue handwritten signature that reads "Lucy Pearson".

Lucy Pearson
Director of FA Education

